**NAME: ................................................................................................... DOB:.............................**

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| **ACTIVITY** | **WHAT HAS BEEN YOUR LEVEL OF INTEREST** | **Do you currently participate in this activity?** | **Would you like to pursue this in the future?** |
| **IN THE PAST TEN YEARS** | **IN THE PAST YEAR** |
| **STRONG** | **SOME** | **NO** | **STRONG** | **SOME** | **NO** | **YES** | **NO** | **YES** | **NO** |
| GARDENING |  |  |  |  |  |  |  |  |  |  |
| SEWING |  |  |  |  |  |  |  |  |  |  |
| PLAYING CARDS |  |  |  |  |  |  |  |  |  |  |
| CHURCH ACTIVITIES |  |  |  |  |  |  |  |  |  |  |
| RADIO |  |  |  |  |  |  |  |  |  |  |
| WALKING |  |  |  |  |  |  |  |  |  |  |
| DANCING |  |  |  |  |  |  |  |  |  |  |
| GOLF |  |  |  |  |  |  |  |  |  |  |
| FOOTBALL |  |  |  |  |  |  |  |  |  |  |
| MUSIC |  |  |  |  |  |  |  |  |  |  |
| PUZZLES |  |  |  |  |  |  |  |  |  |  |
| PETS |  |  |  |  |  |  |  |  |  |  |
| FILMS |  |  |  |  |  |  |  |  |  |  |
| SWIMMING |  |  |  |  |  |  |  |  |  |  |
| BOWLING |  |  |  |  |  |  |  |  |  |  |
| VISITING |  |  |  |  |  |  |  |  |  |  |
| CHESS/DRAUGHTS |  |  |  |  |  |  |  |  |  |  |
| READING |  |  |  |  |  |  |  |  |  |  |
| TRAVELLING |  |  |  |  |  |  |  |  |  |  |
| HOUSEWORK |  |  |  |  |  |  |  |  |  |  |
| MODEL BUILDING |  |  |  |  |  |  |  |  |  |  |
| TELEVISION |  |  |  |  |  |  |  |  |  |  |
| CONCERTS |  |  |  |  |  |  |  |  |  |  |
| POTTERY |  |  |  |  |  |  |  |  |  |  |
| IRONING |  |  |  |  |  |  |  |  |  |  |
| POLITICS |  |  |  |  |  |  |  |  |  |  |
| TABLE GAMES |  |  |  |  |  |  |  |  |  |  |

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| **ACTIVITY** | **WHAT HAS BEEN YOUR LEVEL OF INTEREST** | **Do you currently participate in this activity?** | **Would you like to pursue this in the future?** |
| **IN THE PAST TEN YEARS** | **IN THE PAST YEAR** |
| **STRONG** | **SOME** | **NO** | **STRONG** | **SOME** | **NO** | **YES** | **NO** | **YES** | **NO** |
| CLUBS |  |  |  |  |  |  |  |  |  |  |
| SINGING |  |  |  |  |  |  |  |  |  |  |
| CLOTHES |  |  |  |  |  |  |  |  |  |  |
| CRAFTS |  |  |  |  |  |  |  |  |  |  |
| CYCLING |  |  |  |  |  |  |  |  |  |  |
| THEATRE |  |  |  |  |  |  |  |  |  |  |
| BIRD WATCHING |  |  |  |  |  |  |  |  |  |  |
| EXERCISE |  |  |  |  |  |  |  |  |  |  |
| WOODWORK |  |  |  |  |  |  |  |  |  |  |
| POOL/SNOOKER |  |  |  |  |  |  |  |  |  |  |
| DRIVING |  |  |  |  |  |  |  |  |  |  |
| TENNIS |  |  |  |  |  |  |  |  |  |  |
| COOKING |  |  |  |  |  |  |  |  |  |  |
| BAKING |  |  |  |  |  |  |  |  |  |  |
| HISTORY |  |  |  |  |  |  |  |  |  |  |
| COLLECTING |  |  |  |  |  |  |  |  |  |  |
| FISHING |  |  |  |  |  |  |  |  |  |  |
| SCIENCE |  |  |  |  |  |  |  |  |  |  |
| SHOPPING |  |  |  |  |  |  |  |  |  |  |
| PHOTOGRAPHY |  |  |  |  |  |  |  |  |  |  |
| PAINTING |  |  |  |  |  |  |  |  |  |  |
| DRAWING |  |  |  |  |  |  |  |  |  |  |
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| **ACTIVITY** | **PAST** | **PRESENT** | **FUTURE** |
| GARDENING |  |  |  |
| SEWING |  |  |  |
| PLAYING CARDS |  |  |  |
| RADIO |  |  |  |
| WALKING |  |  |  |
| WRITING |  |  |  |
| DANCING |  |  |  |
| GOLF |  |  |  |
| FOOTBALL |  |  |  |
| LISTENING TO MUSIC |  |  |  |
| SEWING |  |  |  |
| PUZZLES |  |  |  |
| PETS |  |  |  |
| FILMS |  |  |  |
| SWIMMING |  |  |  |
| BOWLING |  |  |  |
| CHESS/DRAUGHTS |  |  |  |
| READING |  |  |  |
| TRAVELLING |  |  |  |
| HOUSEWORK |  |  |  |
| WRESTLING |  |  |  |
| MODEL BUILDING |  |  |  |
| TELEVISION |  |  |  |
| CONCERTS |  |  |  |
| POTTERY |  |  |  |
| CAMPING |  |  |  |
| IRONING |  |  |  |
| POLITICS |  |  |  |
| TABLE GAMES |  |  |  |
| CLUBS |  |  |  |

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| **ACTIVITY** | **PAST** | **PRESENT** | **FUTURE** |
| SINGING |  |  |  |
| CRAFTS |  |  |  |
| CYCLING |  |  |  |
| BIRD WATCHING |  |  |  |
| RACING |  |  |  |
| EXERCISE |  |  |  |
| WOODWORK |  |  |  |
| POOL/SNOOKER |  |  |  |
| DRIVING |  |  |  |
| TENNIS |  |  |  |
| COOKING |  |  |  |
| BAKING |  |  |  |
| HISTORY |  |  |  |
| COLLECTING |  |  |  |
| FISHING |  |  |  |
| SCIENCE |  |  |  |
| PHOTOGRAPHY |  |  |  |
| PAINTING |  |  |  |
| DRAWING |  |  |  |
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| GARDENING |  | PHOTOGRAPHY |  | SCIENCE |  |
| SEWING |  | RADIO |  | PAINTING |  |
| WRITING |  | WALKING |  | PLAYING CARDS |  |
| FOOTBALL |  | DANCING |  | GOLF |  |
| PETS |  | PUZZLES |  | MUSIC |  |
| TENNIS |  | WILDLIFE |  | FILMS |  |
| READING |  | BOWLING |  | CHESS/DRAUGHTS |  |
| WRESTLING |  | TRAVELLING |  | HOUSEWORK |  |
| CONCERTS |  | MODEL BUILDING |  | TELEVISION |  |
| DIY |  | POTTERY |  | THEATRE |  |
| CAMPING |  | POLITICS |  | TABLE GAMES |  |
| CRAFTS |  | SOCIAL GROUPS |  | SINGING |  |
| RACING |  | CYCLING |  | BIRD WATCHING |  |
| SNOOKER/POOL |  | EXERCISE |  | COLLECTING |  |
| COOKING/BAKING |  | DRIVING |  | SHOPPING |  |
| FISHING |  | HISTORY |  | DRAWING |  |
| ADDITIONAL INTERESTS: |

DATE COMPLETED: ..........................................................................................................................

**NAME:......***M***......***r***.....***J***....***a***..***c***...***k***......***B***....***r***...***o***...***w***...***n***...................................................... DOB:..***1***.***1***..***/***.....***1***.***1***..***/***.....***1***..***9***...***3 5***..**

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| GARDENING | ✓ | PHOTOGRAPHY |  | SCIENCE |  |
| SEWING |  | RADIO |  | PAINTING |  |
| WRITING |  | WALKING | ✓ | PLAYING CARDS | ✓ |
| FOOTBALL |  | DANCING |  | GOLF |  |
| PETS |  | PUZZLES *(Word Search)* | ✓ | MUSIC |  |
| TENNIS |  | WILDLIFE |  | FILMS |  |
| READING *(Daily & Local paper)* | ✓ | BOWLING | ✓ | CHESS/DRAUGHTS |  |
| WRESTLING |  | TRAVELLING |  | HOUSEWORK |  |
| CONCERTS |  | MODEL BUILDING |  | TELEVISION |  |
| DIY |  | POTTERY |  | THEATRE |  |
| CAMPING |  | POLITICS |  | TABLE GAMES |  |
| CRAFTS |  | SOCIAL GROUPS |  | SINGING |  |
| RACING |  | CYCLING |  | BIRD WATCHING | ✓ |
| SNOOKER/POOL |  | EXERCISE |  | COLLECTING |  |
| COOKING/BAKING |  | DRIVING |  | SHOPPING |  |
| FISHING | ✓ | HISTORY |  | DRAWING |  |
| ADDITIONAL INTERESTS:*Mr Brown worked outside most of his working life. He enjoys being out in the fresh air.* |

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**INTERESTS & ACTIVITIES TOOLKIT**

**FOR USE WITH PEOPLE WITH DEMENTIA**

A GUIDE FOR STAFF & CARERS